Sources + Recipes + Recommended Reading

from

The Domestic Partner

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PRESS

Instant Pots

Books used for research: Crip Up the Kitchen

Joe Gitter quote pulled from this video:
https://www.youtube.com/watch?v=WODiYhlPHX8

Instant Pot goes bankrupt:
https://www.bonappetit.com/story/instant-pot-bankrupt?srsltid=AfmBOoql7-Vgvo9fUC9rERvFCZ6-KIXgZiW8THqeWBcDlJVMHybRcyVi

Gas appliances are toxic, so electric ones (like the instant pot) are a great option:
https://yaleclimateconnections.org/2023/06/gas-stoves-even-worse-for-health-than-previously-known/

Instant pot canning feature unsafe:
https://extension.oregonstate.edu/ask-extension/featured/canning-instant-pot

Health benefits of water-based cooking:
https://open.spotify.com/episode/3LqUNvgWCHQuf5B9jSLiNN?si=fbc6af9281e0455c&nd=1&dlsi=d96f79fb44a44777

Instant pots and the maillard reaction:
https://modernistcuisine.com/recipes/caramelized-carrot-soup-no-centrifuge-necessary/

Nashwa Ansari quote pulled from this article:
https://brownhistory.substack.com/p/how-south-asians-went-from-pressure

Image credits:

Fireless cooker: Div. Rare & Manuscript Collections, Cornell University Library

Ada Turner and Evelyn M. Driver: The New York Public Library. Schomburg Center for Research in Black Culture. Photographs and

Prints Division**ICMIC ad:**
https://link.springer.com/article/10.1007/s43539-024-00142-3#Fig5

RECOMMENDED INSTANT POT RECIPES ~yum~

https://whatgreatgrandmaate.com/wprm_print/crispy-rice-salad-with-peanut-sesame-dressing-nam-khao-inspired# - the dressing SLAPS and it's also great on noodles. We make this recipe with a 3:1 white rice:red lentil mixture cooked in the instant pot for 4 minutes.

https://plantbasedrdblog.com/2025/01/charred-lemon-brothy-beans/ - the most flavorful bean recipe, can be made entirely in the instant pot. I use Navy beans from Aldi, and like the beans best for breakfast: saute some greens, add in a scoop of these beans, crack an egg on top, and cover with a lid until the egg yolk is just set. Have never actually made the salsa but can confirm it's great topped with avocado.

https://www.instagram.com/reel/CnxtYSJDlCf/?hl=en - add 1 cup of water to bottom of IP, cook 6 eggs for 2 minutes in the IP on top of a trivet, then transfer to an ice bath. Peel and marinade.

https://www.tiktok.com/@itsgnochgnoch/video/7303608977890348321 - simplified Hainanese chicken and rice in a rice cooker (or use the IP instead) - in the winter, I make this almost weekly; it's so comforting, easy, and tasty. I have also served it as an easy dinner party dish to delighted guests.

https://pinchofyum.com/instant-pot-beef-stew#tasty-recipes-36226-jump-target - my dad's favorite IP recipe. The tapioca makes a great low effort gravy for the stew.

https://www.chewoutloud.com/instant-pot-baby-potatoes-recipe/ - made this with a tiny ham from Aldi for mother's day lunch, can confirm it was a hit with moms

Favorite Instant pot recipes from the zine librarian at WIP, Kira. They write:

“here are some of my favorite instant pot recipes. Most of them come from one blog, Piping Hot Curry, which I LOVE. Her recipes are always easy and delicious.

https://pipingpotcurry.com/instant-pot-spinach-chickpea-curry/

https://pipingpotcurry.com/instant-pot-chicken-tikka-masala/

https://pipingpotcurry.com/lemon-chicken-orzo-pressure-cooker/

https://pipingpotcurry.com/lemon-asparagus-pasta/ (I love using protein fortified pasta in this one, I think the texture turns out the best)

https://www.allrecipes.com/recipe/279055/instant-pot-lentil-soup/ (I make this one a few times a month, usually sub spinach for kale and a potato for squash)”

Soap reviews recommended reading:

https://www.salon.com/2023/07/08/searching-for-saboun-nabulsi-the-olive-oil-soap-that-connects-palestinian-americans-like-me-to-home/

Swiss darning:

https://www.youtube.com/playlist?list=PLrWfmvcWxuXJVhIiYp1DSepe7flZGxxU6 - great darning tutorials!
https://www.etsy.com/shop/LemonLoomShop